

A is For...

Ask any younger child what “A is for” and they will say, “**Apple.**”
That’s alphabetical education 101!

With the uncertainty and upheaval that we are all feeling as a result of Covid 19, for many that apple has turned into angst as we feel anxious and alone.



In Philippians 4:6 we read that we are to “not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your request to God.” Often that’s easier said than done! It’s human nature to doubt and worry – worry not only about the future but our current situation. Yes, we can do the prayer and petition thing, but the thanksgiving and not anxious part is challenging.

We serve a risen Saviour who has also called us to be fully **alive**. The previous verse in Philippians tells us to “let your gentleness be evident to all.” Perhaps we can do that as we socially distance ourselves and look out for the safety of others. Perhaps small gestures of kindness, emails of encouragement, phone calls of connection and texts of love are some keys to moving forward beyond our anxiousness. As we continue to figure out what it means as Christ-followers to serve our **awesome** God in the current reality, be encouraged. Know that you are not alone but you are loved by a supportive community. May PCS be that community today!

Blessings on the journey ahead.

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