

Blanket Exercise – Wednesday, Sept 29, 7:00 pm. PCs Yakimovich Centre
Facilitated by Tina Savea

About the Event

Please register to join us in the Elementary Gym for a night of Connection, Unity, Reconciliation, Empathy, and Hope. Hear Stories that will help to bring understanding and awareness to this important week coming up.



The Kairos Blanket Exercise is an interactive workshop which takes participants through more than 500 years of shared history as Indigenous and non-Indigenous peoples in Canada. Participants will step onto blankets representing the land, and into the role of First Nations, Inuit and later Métis peoples.

You will hear how this history has affected our personal lives but also how we have found hope for our family's future. This evening will help bring an understanding of why things are happening the way they are in our Country today.

Meet the Facilitator:

Tina Savea is Saulteaux/Cree from Peepeekisis First Nation on Treaty 4 territory in Saskatchewan. She resides on traditional WSÁNEĆ territory with her husband Niu and their three children where she works with School District 63 as the Indigenous Family Advocate. Hilarious & vulnerable, Tina Savea has a unique gift to make you cry one minute and laugh out loud the next. She has a strong desire to see others embrace healing through understanding the true history of her people in Canada.

Tina loves facilitating the Kairos Blanket Exercise and is committed to sharing the freedom she has found through forgiveness and personal responsibility. She Shares openly about the pain of losing her father and how finding her voice was the beginning of her healing journey. Tina is passionate about breaking down judgments that destroy relationship and building strong communities where every person is valued and equipped with the leadership skills they need to move forward in life.

Covid Protocols will be in place during this event. Please use hand sanitizer upon your arrival. Masks are mandatory and we will be limiting the seating to 40 people. We hope to see you there. We ask that you do not bring children under the age of 13 years of age as there is some sensitive information that will be shared about residential schools.

Please help us spread the word by inviting your friends from the PCS Community.